



Symposium EAPRIL 2023, Belfast



# Building bridges between online and face-to-face in higher education: The ideal blend

dr. Hanneke Theelen

dr. Marcel van der Klink & dr. Miriam Goes,  
dr. Claudio Vanhees & dr. Milou de Smet

Moderator: dr. Nynke Bos

ZU  
YD

THOMAS  
MORE

inh

# 3 Studies

Designing online & blended  
education

Moderator: dr. Nynke Bos

01

**THE DIDACTIC AND PEDAGOGICAL  
DESIGN OF E-LEARNING  
IN HIGHER EDUCATION**

dr. Hanneke Theelen

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02

**COLLECTING IDEAS OF TEACHERS  
AND STUDENTS TO FURTHER  
DEVELOP BL. A GROUP CONCEPT  
MAPPING APPROACH**

dr. Marcel van der Klink  
dr. Miriam Goes

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03

**BALANCED BLEND: DESIGN  
PRINCIPLES TO EFFECTIVELY  
PROMOTE STUDENT LEARNING  
AND PSYCHOSOCIAL WELL-BEING**

dr. Claudio Vanhees  
dr. Milou de Smet



# FEEDBACK CAPTURE GRID

Project:  
Team:  
Version & Date:



**Quick guide:** The Feedback Capture Grid supports the testing of ideas with prototypes, for example, by offering a possibility to document test results in a very simple form. It is mainly used when it comes to finding out how well an idea solves a previously identified user problem. The Feedback-Capture-Grid has the goal to gain a deep understanding if and how the problem can be solved and if the idea is the right solution at all. It can also be used to get feedback on the process, a workshop or other events. The Feedback-Capture-Grid supports the constructive criticism and a positive mood in the team, because it uses the answer technique "I like" / "I wish". The Feedback Capture Grid can also be used, for example, to document open questions that are still in the room and new ideas that should be recorded.

We  
Would  
Love  
To  
Hear  
From  
You

## I like ...

*Likes and remarkable insights  
What was good?*

## I wish ...

*Constructive criticism: things that need to be  
changed or improved? What wasn't so good?  
(constructive criticism)*



## Questions

*Questions that have arisen from experience  
What was unclear? What has been asked?*

## Ideas ...

*Ideas that have resulted from the experience, presentation or the test  
What new ideas came out of the test?*



## Study 1

# The didactic and pedagogical design of e-learning in higher education

- dr. Hanneke Theelen - Zuyd University of Applied Sciences - The Netherlands - presenting author
- dr. Dave van Breukelen - Fontys University of Applied Sciences - The Netherlands

# Where a walk in the woods can lead to...

COVID-19  
PANDEMIC

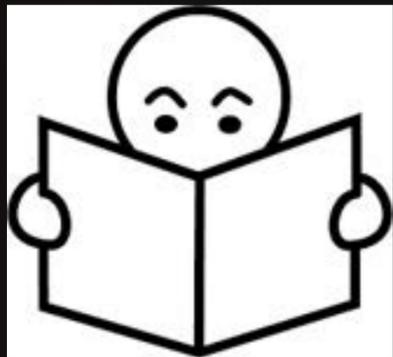


INCREASING  
ROLE OF ONLINE  
EDUCATION



# Does e-learning need different didactics and pedagogy?

LITERATURE  
REVIEW



# At the end of this presentation, you have ...



RECOMMENDATIONS TO DESIGN YOUR OWN  
ONLINE AND BLENDED EDUCATION

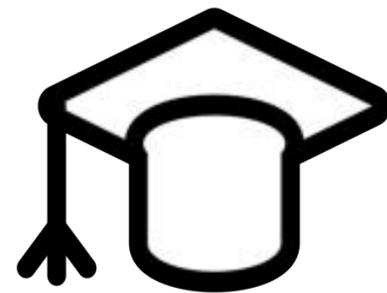


# What can you expect during this presentation?

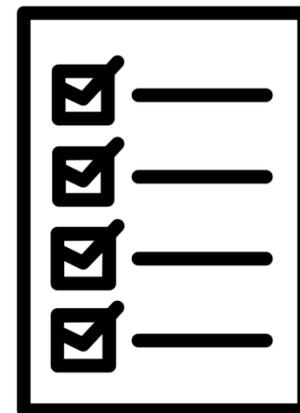
1. WHAT IS E-LEARNING?



2. METHODOLOGY



3. DESIGN PRINCIPLES



Using technology **does not automatically lead to better teaching.** That requires proper didactics and pedagogy.

# What is e-learning?



**FACE-TO-FACE  
TEACHING**



**ICT IN SUPPORT OF  
FACE-TO-FACE TEACHING**



**BLENDED LEARNING  
FACE-TO-FACE & ONLINE**



**FULLY ONLINE  
DISTANCE LEARNING**



**When technology is used to (partially) support or replace face-to-face education (Bullen & Janes, 2007).**

# Interaction & synchronicity

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## Synchronous



Students learn at the same time.

Communication happens in real time.

Allows for instant feedback and clarification.



### Examples

Video conferencing, live chat, live streamed videos.

## Asynchronous



Students learn at different times.

Communication is not live.

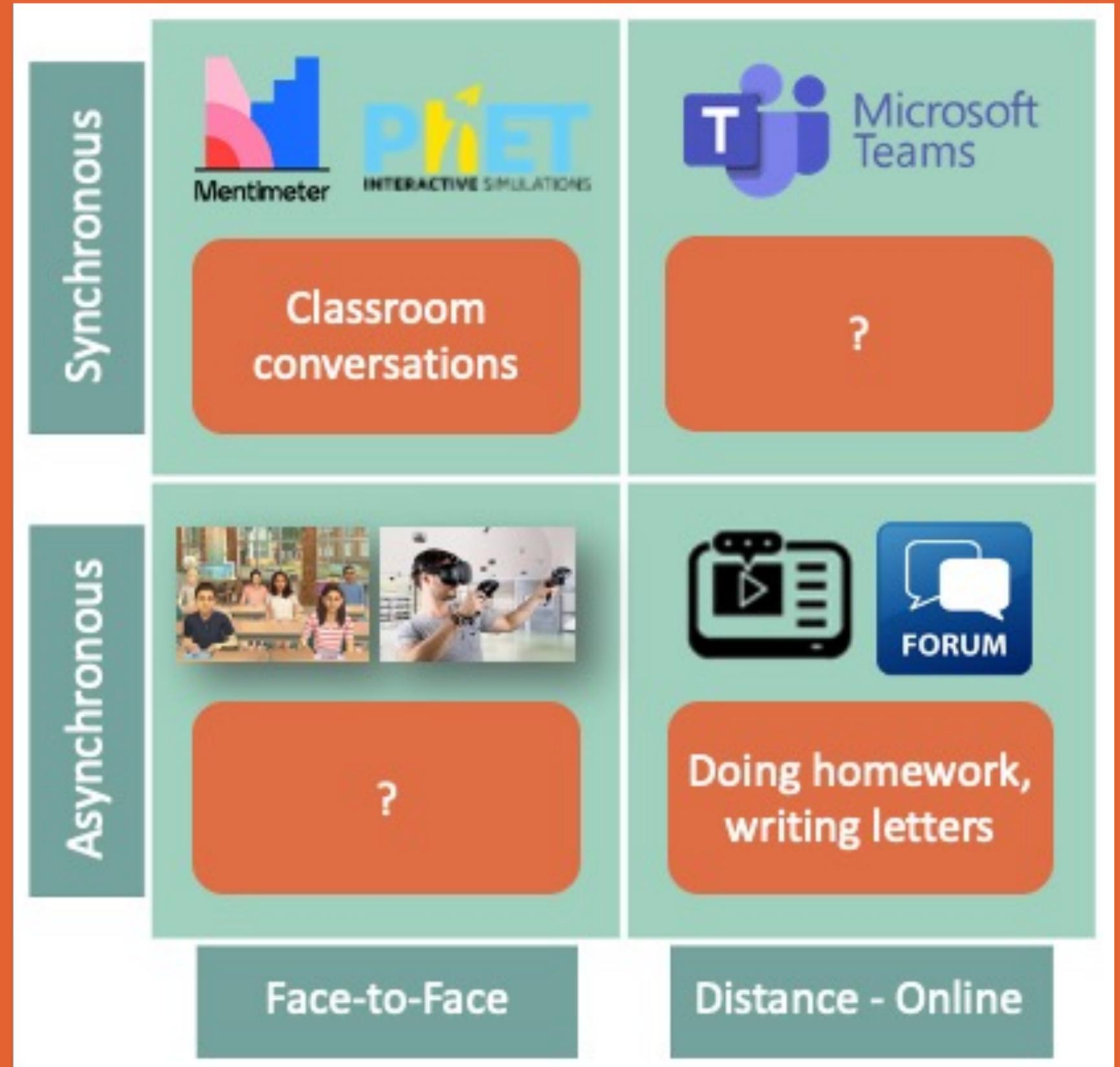
Allows students to work at their own pace.



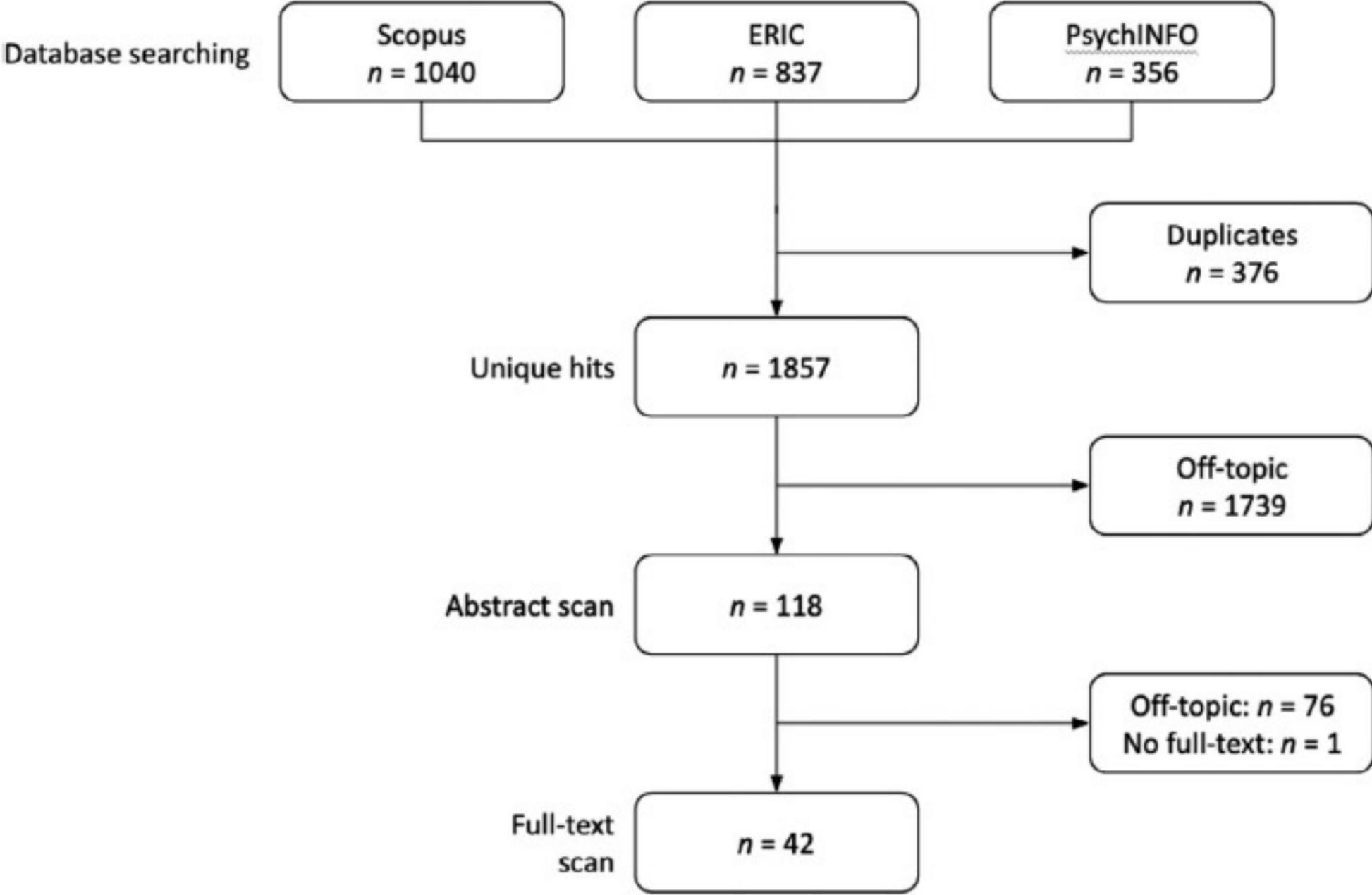
### Examples

Email, screencasts, Flipgrid videos, blog posts/comments.

"The use of ICT is not an educational improvement in itself. ICT is a tool whose potential must be exploited."



# Systematic literature review (2010-2021)



# Inclusion criteria

ENGLISH



PEER-  
REVIEWED



QUALITATIVE  
QUANTITATIVE  
MIXED METHOD



KEYWORDS:

- online education
- didactics/pedagogy
- higher education



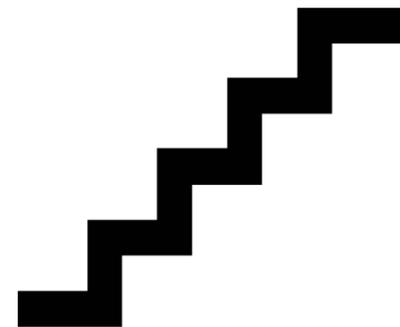
# Four categories



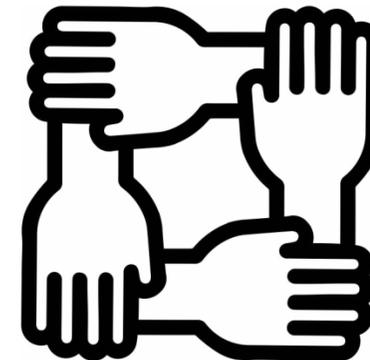
AUTHENTIC  
& ACTIVE  
LEARNING



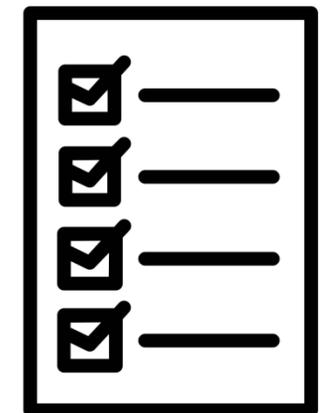
CONTENT &  
PROCESS  
SCAFFOLDING



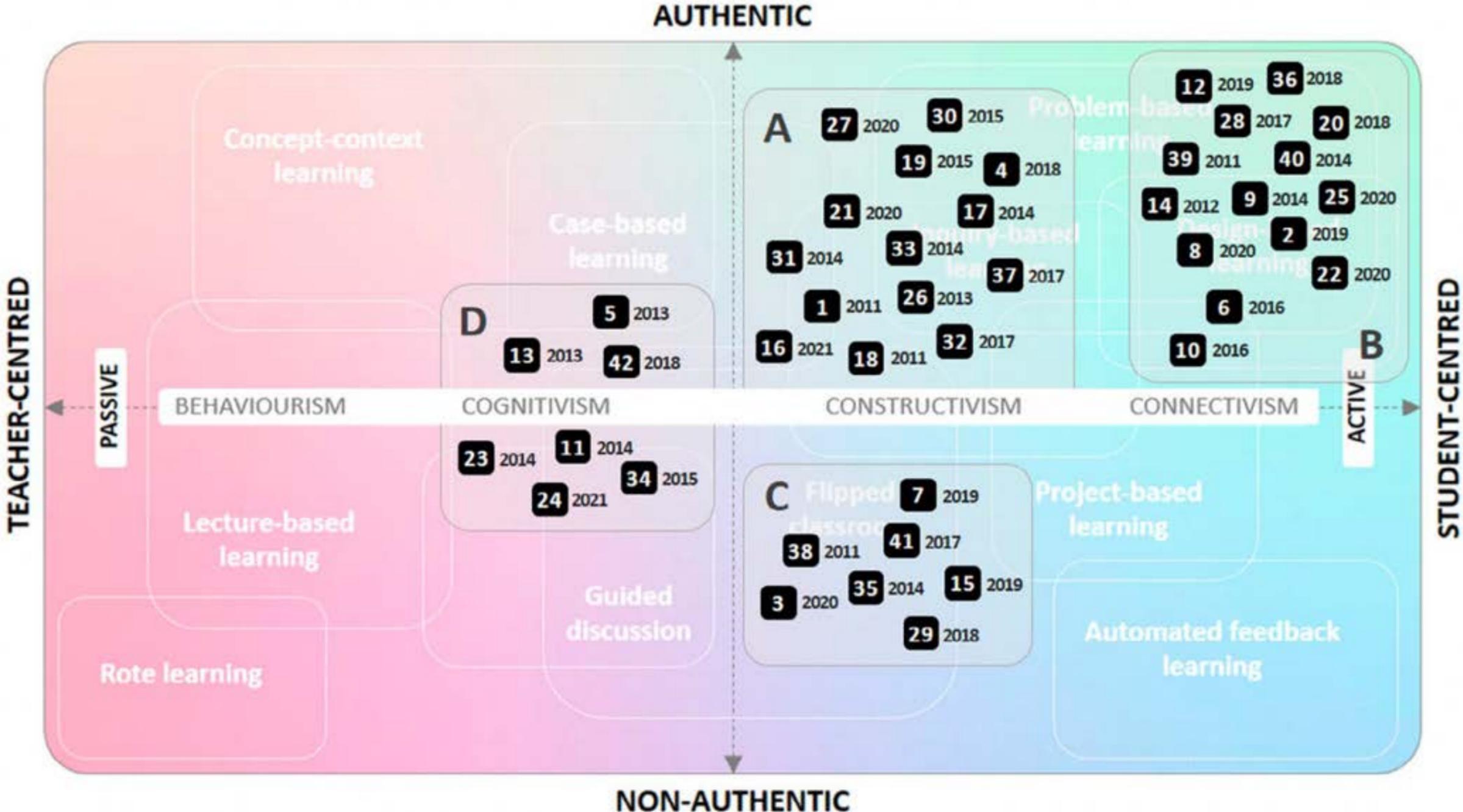
PEER-TO-  
PEER  
LEARNING



FORMATIVE  
STRATEGIES



# 1. Authentic & active learning



# 1. Authentic & active learning

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- Address and discuss familiar cases to **activate preknowledge** and to facilitate transfer
- Use **engaging and diversified learning activities** (e.g., quizzes) and strategies
- Use **active reading and viewing strategies**
- Provide students with **hands-on, activating learning tasks** (e.g., simple 'home experiments', short field trips).
- Address problems or tasks based on **higher order thinking skills** (e.g., concept mapping).



EXAMPLES OF  
ACTIVE  
LEARNING  
STRATEGIES

# 1. Authentic & active learning

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- Address and discuss familiar cases to **activate preknowledge** and to facilitate transfer



EXAMPLES OF  
ACTIVE  
LEARNING  
STRATEGIES

# 2. Content & process scaffolding



- Use **asynchronous** interactions to deliver **course information and content**.
- Use **synchronous** interactions for **discussion and deepening** of the content.
- Be aware of **redundant information** during synchronous interactions.
- Use **various media** and **visual clues** when presenting (new) content.
- Provide learners with **sufficient time** between asynchronous and synchronous interactions to process (new) information.
- Create **flexible elements** and **learning routes** based on freedom of choice.
- Set up **well-organized courses** and tasks with clear directions, guidelines, goals, and completion criteria.
- Provide '**knowledge and skill builders**', which are short, focused activities by which students, if necessary, can increase their competences before addressing more complex activities.

# 2. Content & process scaffolding

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- Use **asynchronous** interactions to deliver **course information and content**.
- Use **synchronous** interactions for **discussion and deepening** of the content.

# 3. Peer-to-peer learning

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- Offer **different (a)synchronous possibilities** for peer-to-peer learning.
- Discussions need to be carefully **guided**.
- Arrange collaboration by a **fixed strategy** (e.g., think-pair-share, check-in-duos).
- Ask students to **actively help each other** and even to create learning content for each other.
- In addition to peer-to-peer learning, **teachers** are crucial for students to establish **proper knowledge structures**.
- Use a '**peer grade system**' to motivate students to become actively involved in peer-to-peer learning.

# 3. Peer-to-peer learning

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- Offer **different (a)synchronous possibilities** for peer-to-peer learning (e.g., chatrooms, discussion forums, e-mail, social media, and blogs).

# 4. Formative strategies

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- Give **timely feedback** and provide feedback **on content, process, and attitudes**.
- Provide **fixed moments for self-reflection** and offer a **reflection method**.
- Use **multiple moments and strategies for formative assessment**.
- Monitor students' **individual progress**, based on **ongoing assessment**, and provide students with **individual assistance or guidance**.
- Use **speaking and reasoning exercises** combined with **direct expert feedback** in a synchronous setting as an assessment strategy.



27 FORMATIVE TOOLS

# 4. Formative strategies

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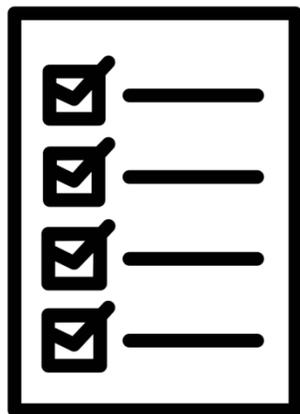
- Monitor students' **individual progress**, based on **ongoing assessment**, and provide students with **individual assistance** or **guidance**.



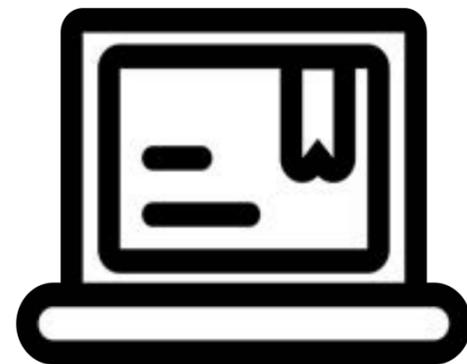
27 FORMATIVE TOOLS

# But how do you put these into practice?

NO READY-  
MADE RECIPE /  
FIXED FORMAT



ACCESSIBILITY  
& USABILITY  
ARE CRUCIAL



AVOID  
"OVERKILL"



DESIGN  
TOGETHER



One last tip

Design from  
back to front





## There is still plenty to explore!

- Only a few studies were truly **evidence-based** or informed.
- There is still room to **further explore** and **validate** the design principles 😊.



Article

# Want to know more?

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## Study 2

# Collecting ideas of teachers and students to further develop BL. A Group Concept Mapping approach

- dr. Marcel van der Klink - Zuyd University of Applied Sciences - The Netherlands
- dr. Miriam Goes - Zuyd University of Applied Sciences - The Netherlands

# Zuyd University of Applied Sciences

Situated in three cities in the south of the Netherlands. Offering bachelor and master degrees, short programs for approximately 14000 students

ZU  
YD

# Timetable for this presentation

- 1. Backgrounds
- 2. The method of Group Concept Mapping (GCM)
- 3. The set up and findings of our study at Zuyd Hogeschool



**Group Concept Mapping**

Participatory Research Method

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## Background and research: question

- Covid pandemic involuntarily engaged in online education
- Overnight switch
- Catalyst for change afterward
- Collect the experiences of students and teachers



- Research question:
- *What is valuable in the present online education at Zuyd Hogeschool and ought to retain in our programs after the pandemic?*

## The method of GCM

- Group Concept mapping is a method and a digital tool for participative research, including the following steps:
- Formulating a 'focus prompt' ( our research question)
- The brainstorm phase: generating ideas by students and teachers with the focus prompt in their minds
- The clusering phase in which statements are clustered by experts (into themes)
- The rating phase in which the statements are rated on importance and feasibility by students and teachers
- Analyses, interpretation and reporting by researchers

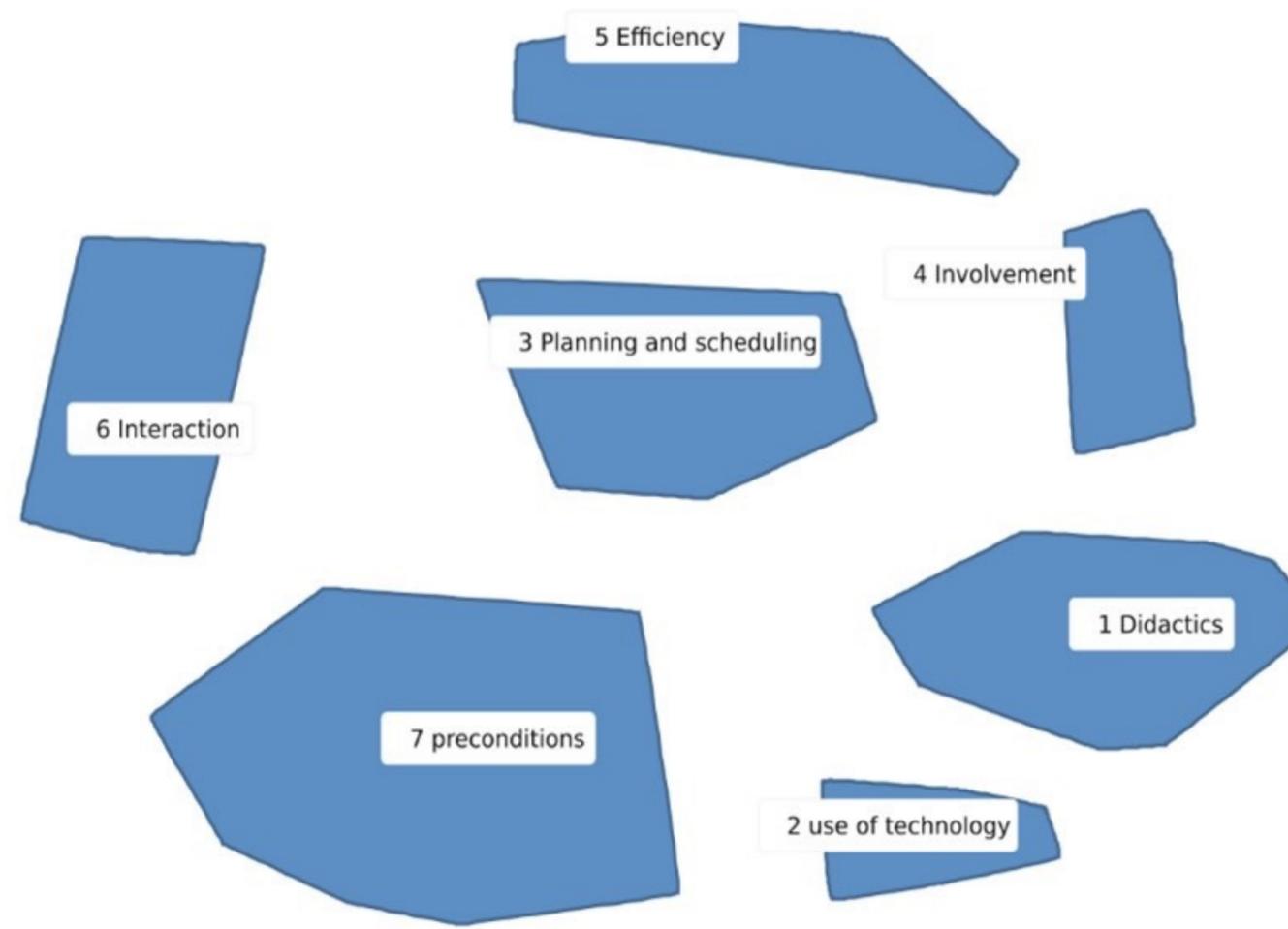
# Brainstorm phase

- In the brainstorm phase we asked all students and teachers of Zuyd Hogeschool to react on the focus prompt.
- They could react (anonymously) as often as they wanted.
- Results:
  - 780 eventually started the brainstorm
  - 547 statements of which 331 were relevant and afterwards reduced by removing duplications and overlap of statements.
  - Check and dubbelcheck resulted into a final list of 84 statements that matched the focus prompt



## Clustering the statements

- During the sorting phase, 57 colleagues (policymakers, and educational advisors) clustered these statements individually. The software performed a hierarchical cluster analysis, resulting into seven clusters of statements: didactics, use of technologie, planning and scheduling, involvement, efficiency, interaction and conditions.

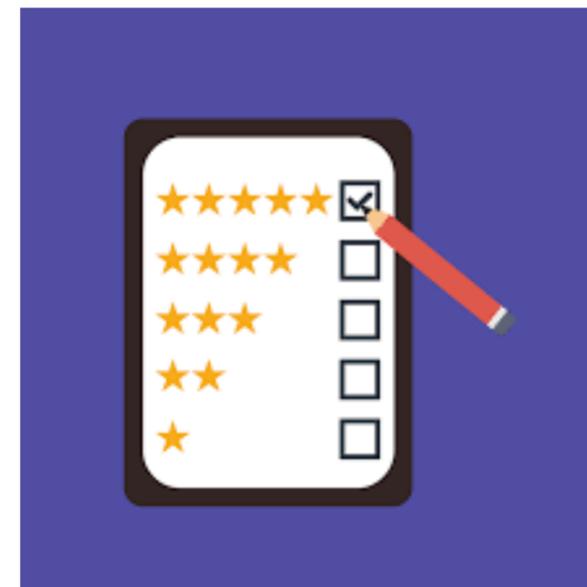


## Content of the clusters

- **(Pre)conditions:** clarity and uniformity, information, support, evaluation
- **Interaction:** frequent (online) contact, both forms (online and f2f), short-term activities
- **Planning and scheduling:** travel time, schedule, agenda, breaks between lessons
- **Didactics:** recording, instructions, small groups, interaction
- **Use technology:** Share screen, use of MsTeams functions
- **Interaction:** Small-scale, both modalities (online and f2f)
- **Efficiency:** bridges distances for internships, guest lectures by experts

## Rating statements

- During the rating phase students and teachers were asked to rate the 84 statements on its importance (response 278) and feasibility (response 196).
- We asked them:
  1. How important is this for the study success of students at Zuyd?
  2. How feasible is this to implement in the educational programs?
- (5 point rating scale 1=low, 5=high)



# Importance and feasibility

- Ratings for the clusters ranged from 3.96 – 3.44 for importance and from 3.88 - 3.33 for feasibility, which indicate that all clusters are considered as fairly important and feasible as well.

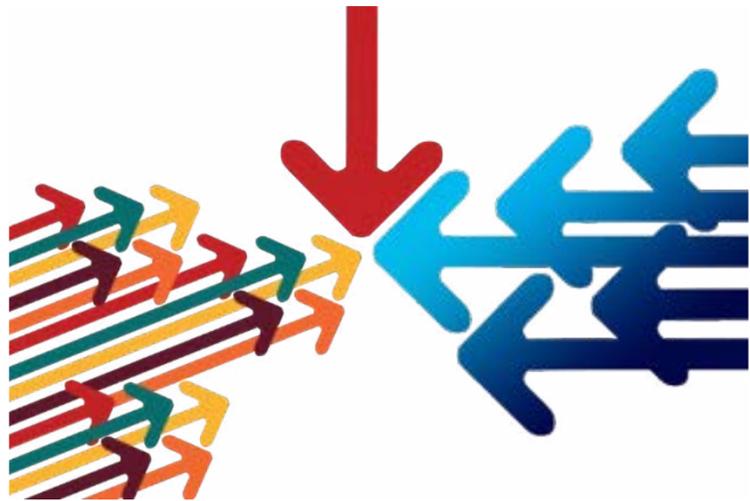
Cluster label	Number of statements grouped in this cluster	Mean score importance	Mean score feasibility
1 didactics	18	3.79	3.64
2 use of technology	8	3.65	3.88
3 planning and scheduling	6	3.89	3.74
4 commitment	7	3.47	3.33
5 efficiency	17	3.44	3.63
6 interaction	10	3.93	3.38
7 preconditions	18	3.96	3.53

# Conclusions

- ✓ Study was conducted during 2020 lockdown
- ✓ Participation levels in the different phases of the Group Concept Mapping point at a good quality of the study
- ✓ Study offers very practical ideas that are grounded in the daily experiences of students and teachers (use of MS Teams)
- ✓ Statements offer food for thought for educational change (next step)
- ✓ Ideas mainly point at the desire for a moderate change toward online learning and teaching, with f2f as the dominant modality for teaching and learning

## Recommendations for further development online education

- Development of online education requires
- Integrated approach addressing pedagogical issues but also the presence of sufficient support in all kinds of areas and well-functioning technology
- An intensive collaboration of the various actors within the university
- And last but not least: online education is part of blended education. It's about the mix of online and f2f, seeking the right blend and this blend may vary for individual teachers and educational programs as well.





## Study 3

# Balanced blend: Design principles to effectively promote student learning and psychosocial well-being

dr. Claudio Vanhees

dr. Milou de Smet

Thomas More University of Applied Sciences – Belgium

Centre of Expertise Education and Learning

# Context

- Emergency Remote Teaching (ERT) taught us **two important lessons**:
  1. Education goes **beyond knowledge** and **skill acquisition**
    - **psychosocial well-being** also plays an important role



# Context

- Emergency Remote Teaching (ERT) taught us **two important lessons**:
  1. Education goes **beyond knowledge** and **skill acquisition**
    - **psychosocial well-being** also plays an important role
  2. **Blended** education goes **beyond adding technology** to existing lessons
    - **purposeful and effective combinations** are essential





Blended education

**“a deliberate and integrated combination of  
online and face-to-face education”**

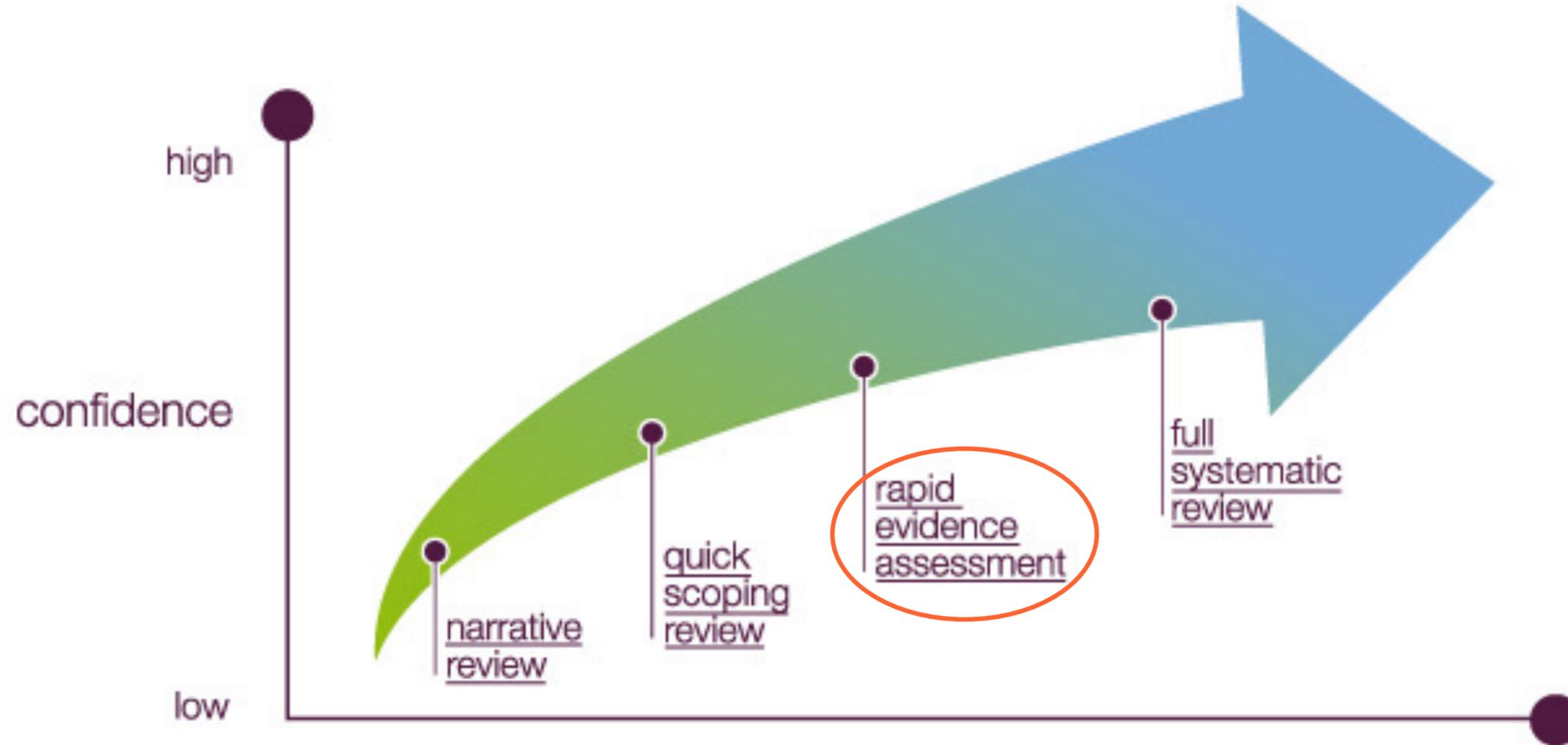
# Literature review - Research Question

What are the effects of different **blended teaching formats** on **learning outcomes** and/or **psychosocial outcomes** in higher education students?

knowledge and skills

satisfaction, (self-)efficacy,  
motivation, attitudes,  
engagement, participation

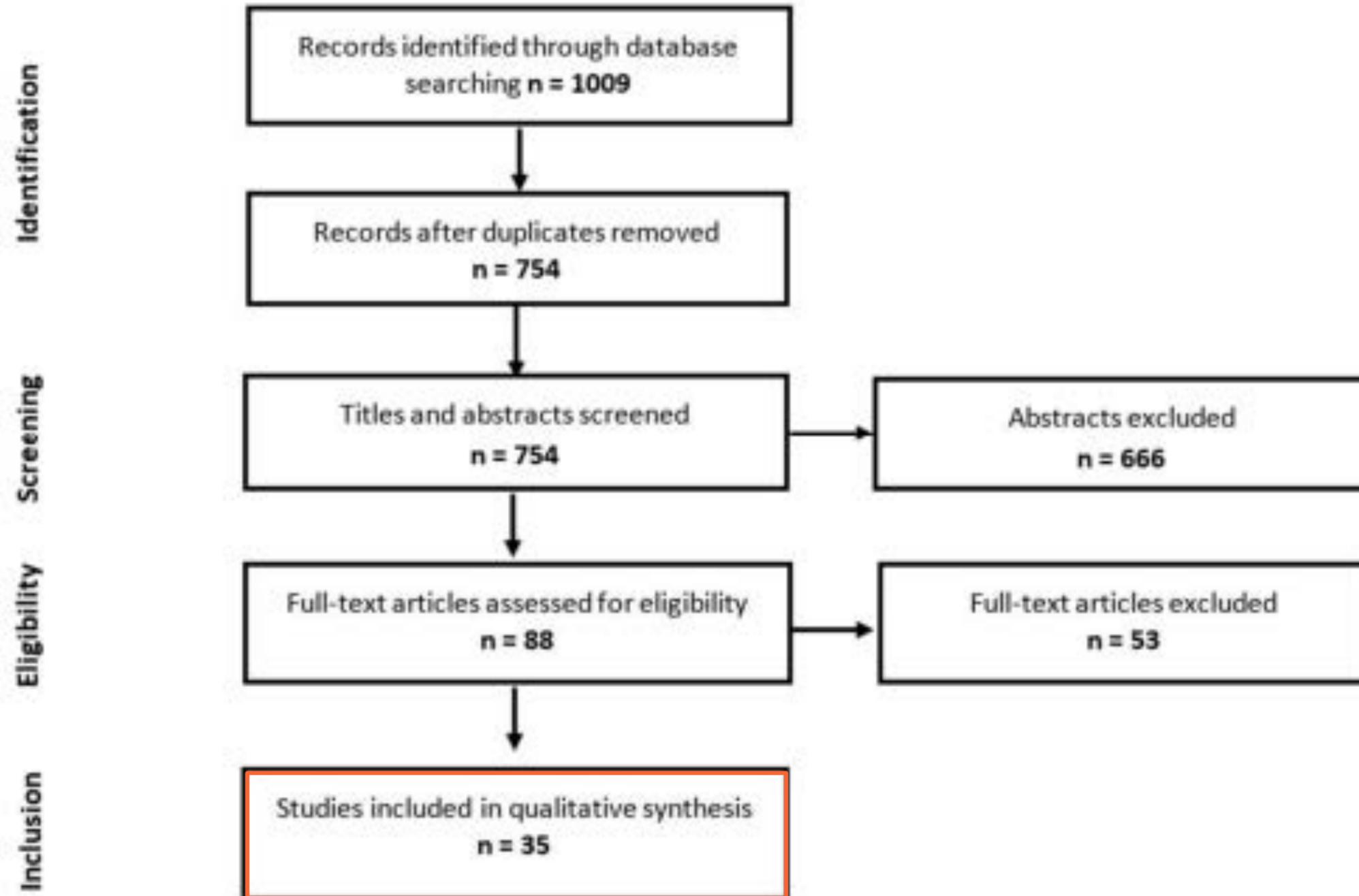
# Rapid Evidence Assessment (REA)



# Inclusion and exclusion criteria - PICOS

- **Population:**
  - **Students** attending higher education
- **Intervention:**
  - Implementations of a **blended teaching format at course level** (taxonomy Margulieux et al., 2016)
- **Comparison group:**
  - Compared to a **face-to-face teaching format**
- **Outcomes of Interest:**
  - **Learning outcomes** and **psychosocial outcomes** in students
- **Study Design:**
  - Exclusively **systematic reviews** and/or **meta-analyses** (critical appraisal)
  - Quantitative studies, minimum one experimental and comparison group

# FLOW diagram



# Results REA

- Blended education **enhances learning** and **psychosocial outcomes** compared to FTF education



HOWEVER

- Blended education does **not automatically** lead to enhanced outcomes
  - **What works**, when and why?
  - **Instructional approach** plays a crucial role
  - **6 instructional design principles** and **2 organizational preconditions**

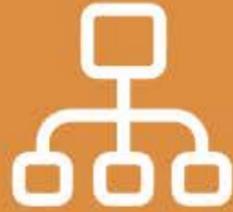
# Six instructional design principles



CHOOSE BASED  
ON YOUR LEARNING  
OBJECTIVES



1



PROVIDE CLEAR  
INSTRUCTION  
AND STRUCTURE



2



SUPPORT THE  
ORGANIZATION OF THE  
LEARNING PROCESS



3



FACILITATE  
INTERACTION



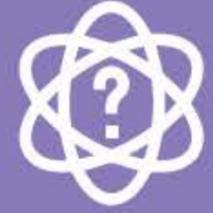
4



PROVIDE SUFFICIENT,  
FOCUSED FEEDBACK



5



START REGULARLY  
WITH A LOW-  
THRESHOLD  
QUIZ



6

# Two organizational preconditions



MAKE BLENDED  
LEARNING MATERIALS  
ACCESSIBLE



MONITOR THE  
STUDY LOAD



# 1- Choose based on your learning objectives

- Formulate **clear learning objectives** for your course unit before you start your blended design.
- **Match** your didactic approach, the type of blend, and the learning activities to the learning objectives.
- **Provide sufficient time and space** to practice the newly acquired knowledge and skills with students. (e.g. in a flipped classroom)



CHOOSE BASED  
ON YOUR LEARNING  
OBJECTIVES



- Formulate clear learning objectives for your course unit before you start your blended design.
- Match your didactic approach, and then the type of blend and learning activities to the learning objectives.
- Provide sufficient time and space to practice the newly acquired knowledge and skills with students. A flipped classroom, for example, explicitly provides room for practice sessions.

# Formulate clear learning objectives

Learning objectives	Learning activities	Blend	Tool
The students know the terminology.			
The students understand the terminology.			
The students can use the terminology correctly.			

# Match your didactic approach

Learning objectives	Learning activities	Blend	Tool
The students know the terminology.	Flashcards		
The students understand the terminology.	Learning path with instructional videos for each term. OR Lecturer instruction		
The students can use the terminology correctly.	Speaking exercise		

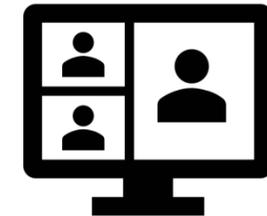
# Select the appropriate blend

Learning objectives	Learning activities	Blend	Tool
The students know the terminology.	Flashcards	Online asynchronous	
The students understand the terminology.	Learning path with instructional videos for each term. OR Lecturer instruction	Online synchronous OR FTF synchronous	
The students can use the terminology correctly.	Speaking exercise	Online asynchronous OR FTF synchronous	

# Select the indicated tools

Learning objectives	Learning activities	Blend	Tool
The students know the terminology.	Flashcards	Online asynchronous	Quizlet
The students understand the terminology.	Learning path with instructional videos for each term. OR Lecturer instruction	Online synchronous  OR FTF synchronous	iLearn / Canvas / Moodle / LessonUp
The students can use the terminology correctly.	Speaking exercise	Online asynchronous  OR FTF synchronous	Flipgrid

# Determine your course sequence

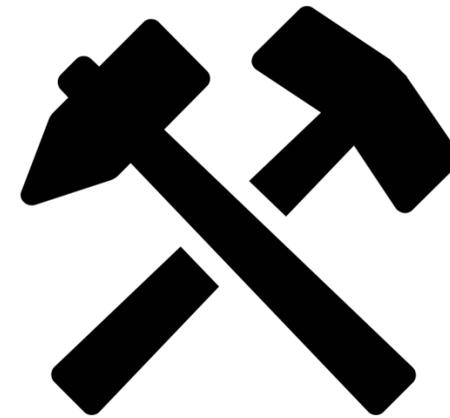
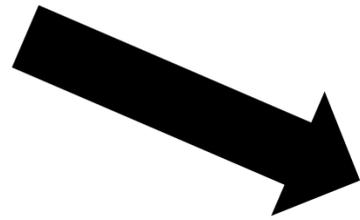
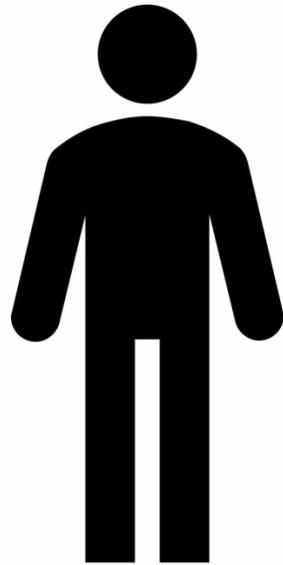


 LessonUp

Quizlet

 Flip

# From learning goal to tool (and not the other way around)



# 3- Support the organization of the learning process

- Be conscious of the **self-regulatory skills** expected of students in blended formats
- Students **do not automatically develop** these skills on their own
- **Explicitly inform** students on effective learning strategies and **model** their use.
- Steadily **decrease support** as students become more competent

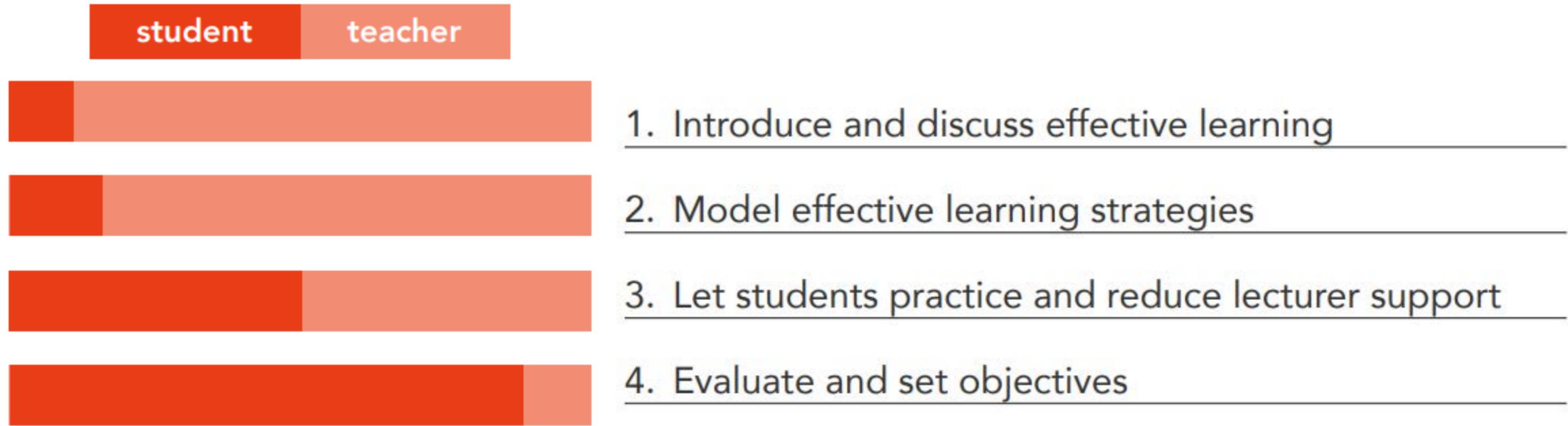


SUPPORT THE ORGANIZATION OF THE LEARNING PROCESS



- Be conscious of the self-regulatory skills expected of students in blended learning formats. They require explicit support to develop these skills.
- Explicitly inform students on effective learning strategies, and model their use.
- Support students in the organization of their learning activities, and steadily decrease that support as they become more competent.

# Example: metacognitive scaffolding



# Soon also available in English: 'Studying successfully'



## 4- Facilitate interaction

- Facilitate interaction both in the **online and face-to-face** components
- Use work formats that encourage **interaction, collaborative learning, and peer feedback** (e.g. think pair share, group work)
- Ensure that students are encouraged to **actively cognitively engage** with the learning content
- Use online **forums** or **breakout rooms** and follow up on these



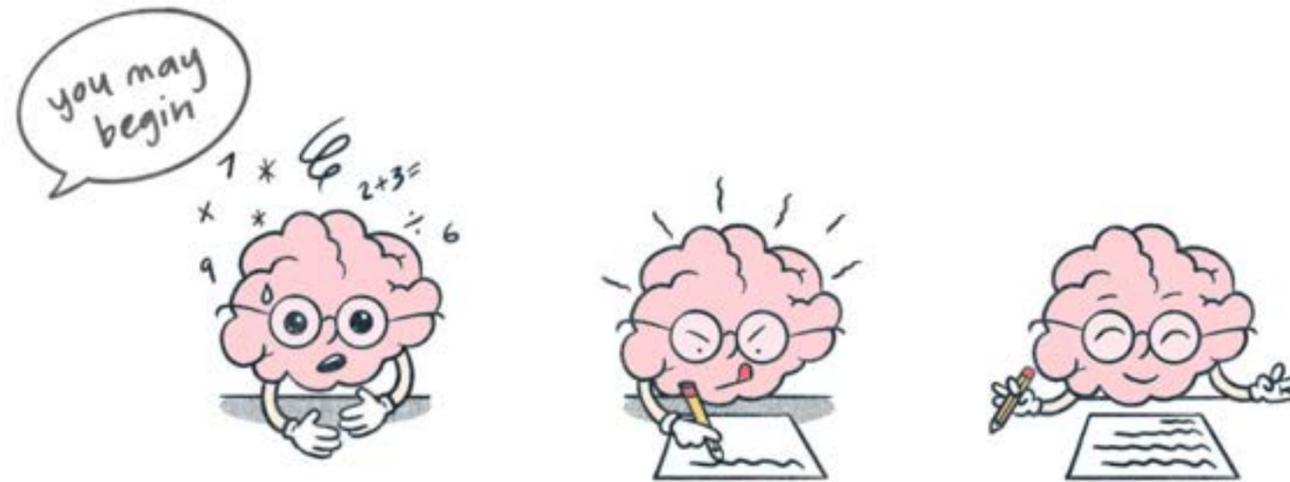
FACILITATE  
INTERACTION



- Use work formats that encourage interaction, collaborative learning, and peer feedback, such as think-pair-share and group work.
- Ensure that the interaction formats encourage students to actively cognitively engage with the learning content.
- During online sessions you can use forums or breakout rooms, for example. It is important to follow up on these as teachers.

# Example

- Individually: **braindump**
- Small groups: **compare** and **complete** their notes
- Full group: **quiz** in which groups compete against each other



# Example

- Online **intervision** using a clear **structure** and **rules**
- Students propose a **case** from their own working practice
  - Explanation
  - Problem definition
  - Advice round by students
  - Additional information and feedback by teacher
- All students benefit from the group's **complementary knowledge**

# Future prospects: ongoing empirical research

What are the effects of **a flipped / hybrid virtual classroom** on **learning outcomes** and **psychosocial outcomes** among students in professional higher education?

*Stay Tuned*

# Thank you for your attention

More details?

Download  
the full guide  
& poster



## HOW TO EFFECTIVELY DESIGN BLENDED HIGHER EDUCATION?

Recommendations for teaching practice



THOMAS  
MORE

C. Vanhees, M. de Smet, L. Eeckhoudt, K. Adriaens & D. van Gucht  
Research Project Effective Blended Higher Education

 <b>MAKE BLENDED LEARNING MATERIALS ACCESSIBLE</b>	 <b>MONITOR THE STUDY LOAD</b>	 <b>CHOOSE BASED ON YOUR LEARNING OBJECTIVES</b>	 <b>PROVIDE CLEAR INSTRUCTION AND STRUCTURE</b>	 <b>SUPPORT THE ORGANIZATION OF THE LEARNING PROCESS</b>	 <b>FACILITATE INTERACTION</b>	 <b>PROVIDE SUFFICIENT, FOCUSED FEEDBACK</b>	 <b>START REGULARLY WITH A LOW-THRESHOLD QUIZ</b>
 <ul style="list-style-type: none"><li>• Verify whether all students have the required tools and a stable Internet connection.</li><li>• Verify whether all students are sufficiently technically proficient to use the tools. Provide support as needed.</li><li>• Refer students to existing facilities provided within the program, or centrally on campus.</li></ul>	 <ul style="list-style-type: none"><li>• Watch over the total anticipated study load of course units. Do not exceed it.</li><li>• When transferring to blended formats, avoid simply adding more learning materials, exercises, and test formats to existing lessons. Replace thoughtfully and purposefully.</li><li>• Set a clear schedule for yourself and the students. How much time is required for the different learning activities?</li></ul>	 <ul style="list-style-type: none"><li>• Formulate clear learning objectives for your course unit before you start your blended design.</li><li>• Match your didactic approach, and then the type of blend and learning activities to the learning objectives.</li><li>• Provide sufficient time and space to practice the newly acquired knowledge and skills with students. A flipped classroom, for example, explicitly provides room for practice sessions.</li></ul>	 <ul style="list-style-type: none"><li>• Provide students with a clear and defined overview of the contents, structure, and learning objectives of your course unit.</li><li>• Make explicit connections between the new subject matter and students' relevant prior knowledge. Brush up on that knowledge as needed.</li><li>• Discuss the blended approach with your students, and frame its goals, benefits and expectations. Describe clearly what is expected of students during both online, and face-to-face sessions.</li></ul>	 <ul style="list-style-type: none"><li>• Be conscious of the self-regulatory skills expected of students in blended learning formats. They require explicit support to develop these skills.</li><li>• Explicitly inform students on effective learning strategies, and model their use.</li><li>• Support students in the organization of their learning activities, and steadily decrease that support as they become more competent.</li></ul>	 <ul style="list-style-type: none"><li>• Use work formats that encourage interaction, collaborative learning, and peer feedback, such as think-pair-share and group work.</li><li>• Ensure that the interaction formats encourage students to actively cognitively engage with the learning content.</li><li>• During online sessions you can use forums or breakout rooms, for example. It is important to follow up on these as teachers.</li></ul>	 <ul style="list-style-type: none"><li>• Make sure your learning objectives and success criteria are clear to students. Also verify whether students interpret them as intended.</li><li>• Visualize students' study progress. Regular, process-oriented feedback with concrete support provides guidance for learning, and clarifies what is expected.</li><li>• Make sure your feedback gets students thinking, and then working.</li></ul>	 <ul style="list-style-type: none"><li>• Regularly start your class with a lowthreshold quiz to activate students' prior knowledge, and gain insight into possible gaps or misunderstandings.</li><li>• In addition, they will remember lesson content better due to the active retrieval of information from longterm memory.</li><li>• Alternate with other forms of retrieval practice, such as one-minute papers, brain-dumps, or thinkpair-share.</li></ul>
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What is the  
*'ideal'*  
blend?





# Do you have any questions?

**Let us know!** We hope you learned  
something new.